

MRRA Boat Handling Test

Print a copy of this form and present it to a MRRA Boat Captain or qualified member. Return the completed form to the MRRA Secretary. Send questions about this form to info@merrimackrowing.org.

Applicant	
Applicant Name:	<div></div>
Tested By:	<div></div>
Date of Test:	<div></div>
The Test	
Enter a Y or N in each box that applies. Put a dash in a box that does not apply. Do not leave any boxes empty.	
Safety	<div><input type="checkbox"/> Candidate has viewed and understands the US Rowing Safety video.</div> <div><input type="checkbox"/> Candidate has read and agrees to the MRRA Boat Policy.</div>
Boat Handling before rowing, choose one	<div><input type="checkbox"/> WITHOUT A PARTNER, candidate is able to lift the boat off of the rack and carry it down to the water without damaging the equipment.</div> <div><input type="checkbox"/> WITH A PARTNER, candidate is able to lift the boat off of the rack and carry it down to the water without damaging the equipment. (Candidate must have a partner at the boathouse for the duration of the rowing session).</div>
Rowing and Backing	<div><input type="checkbox"/> Candidate is able to row out and back to the dock.</div> <div><input type="checkbox"/> Demonstrates proficiency in backing.</div> <div><input type="checkbox"/> Demonstrates proficiency in emergency stopping without flipping.</div>
After rowing	<div><input type="checkbox"/> Candidate is able to lift the boat up out of the water, walk it back to into the boathouse and place it on its rack without damaging equipment.</div> <div><input type="checkbox"/> Candidate demonstrates knowledge of basic boat care (gently placing the boat in water, awareness of rigging, pedestrians and obstacles, wiping down the boat after use carefully guiding the boat into the boathouse, etc).</div>
Approved by	<div>The Applicant has shown enough proficiency in the basic boat care and safety procedures to become a member of the MRRA.</div> <div></div>