

MRRA Club Meeting 7/9/24

Attendance: Barbara Mack, Liz Albert, Erin Heinhold, Kathy McGowan, Anne Anderson, Karen Scammel w/ Guest Steven, Gary Styskal, Tim Wheatley, Carl Popolo, Bernadette Johnson, Lisa Doucett, Mark Romonowsky, Amy Damon, Dottie Semonian, Terry Freeman, Matt O'Brien, Jen Lown, Kat Flinner, Jody Decarolis

Meeting Minutes July 9 2024

Motion to accept meeting minutes from June accepted

Thank you Gary with the new and improved towel rack
Strongly encouraging -Bring your own towel bring this home and wash

Safety Message:

Be mindful with the heat especially if out for a lengthy time- with hydrating add in electrolytes rather than simply just drinking water -a lot of H2O can also be problematic
Also, you may consider a 50% reduction in pace

Rec 4 scholarship applications these were reviewed
all quite worthy yet 2 stood out for criteria of continuing with the sport:
\$500.00 will be given to each of these 2 students

LT scull session has gone well looks good for these folks passing their captain's test in the near future
Coaches in general are needed
One of KCs coaches has helped -Connor

Matt Open sweep update
Open Sweep has 7 members
Had a scrimmage with Gentle Giant on the Mystic- had a great time
Will do this again in near future

Peg/Carl:
45th TRR textile
medals may be a bit heftier
People can pose in front of a screen
T shirt 500 bucks a pop for the staff t shirts ads
Package to be put together for this
Building entries -numbers hopefully back to normal numbers
Dunkin D has sponsored prior
Dottie noted she can reach out to DD

Thought as to having the sponsors on the back drop for the photos
If package can be put together next month we can reach out

New timing system

Out of Europe

US Rowing makes money using this timing system though word is it is not great

Stick with Here and Now

New group of grad LT rowers will want to connect with mentors and assist with navigating and rowing in general-looking to club members to join for friendly rows to familiarize new rowers with river